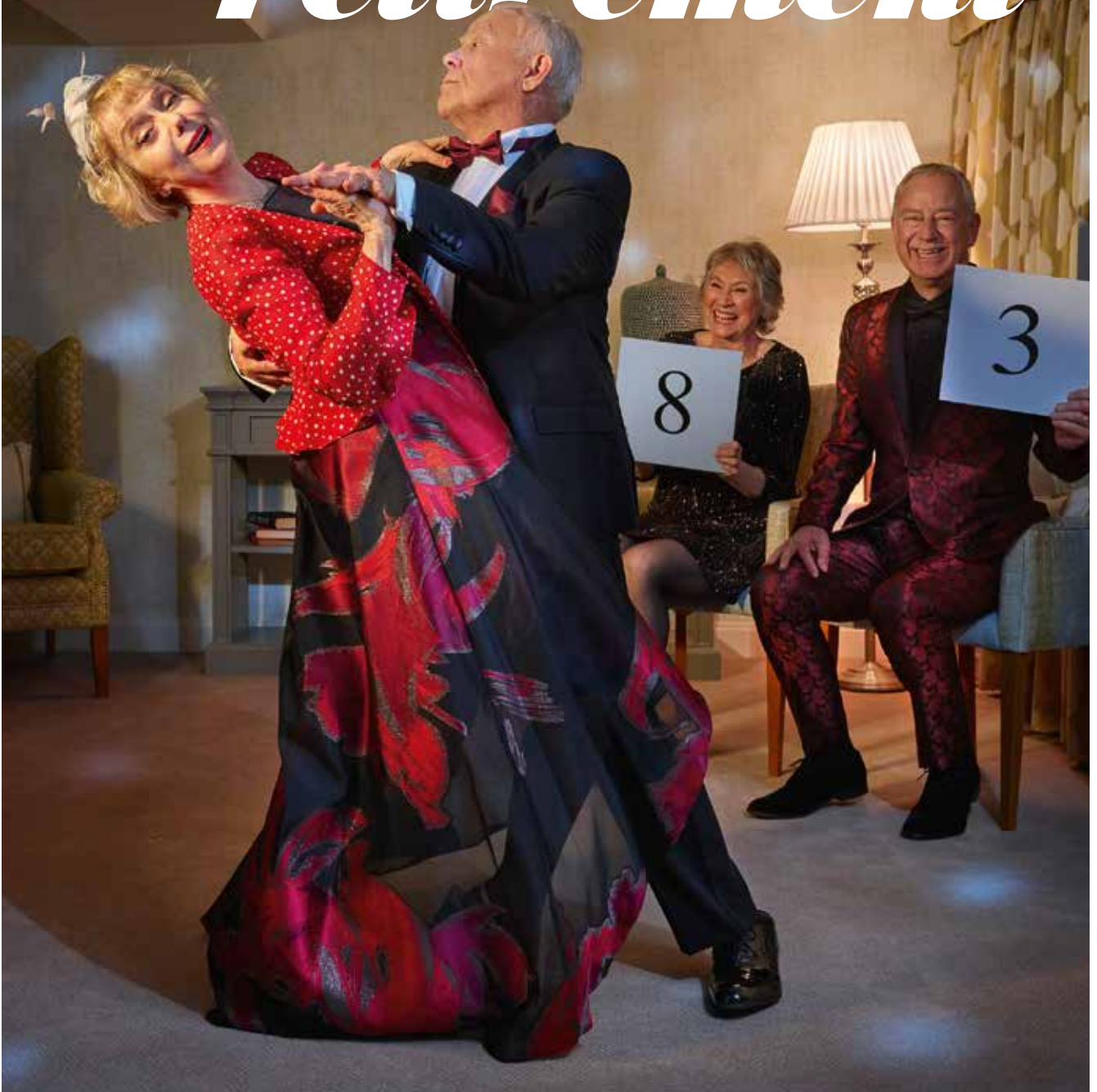


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YOUR GUIDE TO THE
*Perfect
retirement*



Welcome

If you're considering rightsizing, our second special advertising supplement focusing on retirement-living specialists McCarthy & Stone aims to inform and inspire. The company is renowned for its cleverly designed, contemporary homes in beautiful locations nationwide. Whether you want a stylish apartment, a range of social activities on offer, or somewhere with more care and support if and when needed, the company has the perfect place for you.

We talk to McCarthy & Stone property owners who tell us why moving to a development has transformed their lives for the better and we've also got a complete list of the company's 150-plus locations nationwide – from Bude to Inverness. We hope it helps you plan your perfect retirement.



Simon Hemelryk,
Head of Content, Saga Magazine



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Where would you like to live?

McCarthy & Stone has been helping people enjoy rich and fulfilling lifestyles throughout their retirement for more than four decades. It builds beautiful and intelligently designed homes in prime locations, nationwide.

Every detail is carefully thought out: from access to local amenities to the internal layout and high-quality fixtures of each apartment.

With three types of development on offer from this award-winning house-builder, all you need to decide is where you would like to live.



How would you like to live?

Stylish apartments, exclusively for retirees who are looking to enhance their lifestyle, are McCarthy & Stone's trademark. Here's what to expect from the property types on offer

Lifestyle Living

Enjoying the perfect home and lifestyle in our retirement is a widely shared aspiration.

Some people long for a coastal retreat; for others a luxury apartment in a thriving market town ticks all the right boxes. You might crave the peace of rural life, or the hustle and bustle of city-centre living.

Whatever your dreams, Lifestyle Living is about breathing life into them with age-exclusive developments in some of the country's most enviable locations.

Designed to increase space and light, each apartment is built to high specifications with a contemporary feel. Aimed at over-55s, developments sit in beautifully landscaped and fully maintained grounds.

Enhanced security features mean you can lock up and leave at a moment's notice – if you're off on holiday, say – confident that your home and its contents are safe and secure.

Retirement Living

Embracing retirement means finding ways to focus more of your time and energy on enjoying the lifestyle you worked so hard to achieve.

That's the ethos behind Retirement Living, where you have the privacy of your own stunning apartment with the option to share luxurious social amenities with like-minded neighbours.

A house manager ensures all external maintenance is taken care of and coordinates optional social events and activities. A secure camera-entry system means your property is safe, whether you're there or not.

Specifically for over-60s, design features include ovens and plug sockets at waist height, and non-slip flooring in the bathroom. Plus you can enjoy the peace of mind that comes from having access to a 24-hour emergency call centre, should you ever need it.

Your choice

Retirement Living PLUS

Luxury living, with extra care and support you only pay for if needed, defines Retirement Living PLUS.

You enjoy the independence of your own apartment, with qualified support on hand day and night, and flexible care packages.

Exclusively for over-70s, each thoughtfully designed home boasts quality features for your needs now and in the future, with no compromise on style.

Everything is positioned at just the right height to avoid unnecessary bending, while handrails can be fitted as required. These also feature throughout the shared areas.

Landscaped gardens and light and airy lounges are great for socialising with neighbours as well as entertaining family and friends.

Chefs at the onsite restaurant or bistro take great pride in knowing homeowners' personal tastes. Many developments provide guest suites for overnight visitors (also available in Retirement Living).

Stunning apartments & so much more

If you are considering moving closer to family, or simply to somewhere that's easy to maintain, you can enjoy all the mod cons and retain your independence in a brand new apartment from McCarthy & Stone.

Independence & peace of mind

With 40 years' experience, our developments are built around what our homeowners want – thoughtfully designed, spacious apartments in great locations, close to local amenities and transport links. Our House Managers also take care of time-consuming chores, such as exterior property maintenance, so there's more time to do the things you enjoy.

Knowing there's so much at hand, company when you want it, and someone to keep an eye on things too, can make a real difference to you and your family – we know, because our customers tell us.

Come & See

Call **0800 201 4453** to visit one of our developments or for a free brochure.
mccarthyandstone.co.uk



Retirement Living

A safe and secure environment, where you can live as independently as you like, free to socialise in the luxurious homeowners' lounge or enjoy the peace and quiet of your own beautifully designed apartment – the choice is yours



CECILIA SMITH and JEAN RYDER, both 64
Charlotte Court, Ainsdale, Southport and Grove Court, Crosby, Merseyside

When Jean Ryder asked her best friends, Cecilia and Jim Smith, to join her on a speculative visit to Grove Court they were so impressed with what they saw they decided to buy an apartment too.

The Smiths plumped for nearby Charlotte Court. 'Within days we were all excitedly setting out on the

next stage of our lives,' says Jean. 'I felt sad leaving my family home of 50 years. But it was too big and I needed help with the housework and gardening. It was time to downsize.'

Now, Jean only wishes she'd made the move sooner. 'I love it here. It's like living in a luxurious hotel where all the maintenance is taken care of.'



“
I love it here. It's like living in a luxurious hotel

Jean also enjoys socialising with her neighbours. 'We have a coffee morning each week, which is where we catch up. There's always something going on in the homeowners' lounge – but you don't feel under pressure to join in.'

Cecilia says looking around Grove Court with Jean, her friend since they worked together as trainee hairdressers 50 years ago, provided a light bulb moment.

'Jim and I also had a big home that was getting too much for us,' she explains. 'Seeing the lifestyle being offered was inspiring.'

'Since moving here we haven't looked back. Our house manager is marvellous – nothing's too much trouble. And our neighbours are all lovely. We enjoy film nights and fish and chip suppers in the homeowners' lounge. The coffee mornings are always fun. It's the best move we could have made.'

The heart of your community

Our Managers are a key part of the friendly community that evolves at each development. They keep a close eye on things and ensure the development runs smoothly, so you have more time to do the things you want to do.

At Retirement Living and Retirement Living PLUS properties, our homeowners enjoy the best of both worlds: the peace and privacy of their own luxury apartment, along with the option to join in with various social activities should they choose too.

“While there is no pressure to get involved, there is always something fun going on. Living in a low-maintenance apartment means we have so much more free time to enjoy ourselves.”

Mr & Mrs Rhodes, Homeowners

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McCarthy & Stone
— Retirement living to the full —

Retirement Living PLUS

Combining the privacy of your own apartment with the peace of mind that comes from knowing friendly staff are on hand, day and night, to provide care and support – as and when you need it

Marie Bird loves to socialise. If she isn't entertaining family and friends in her apartment at Bilberry Place, she can often be found chatting with her neighbours in the homeowners' lounge.

'Of course, if I want some quiet time alone I can have that too in the privacy of my beautiful home,' she points out. 'I always shut my front door feeling so safe and secure.'

'But I also know I only have to step outside to find some friendly company. I'm widowed, so having people around to chat to feels especially important to me. That wasn't a certainty before moving here.'

Marie also enjoys keeping fit, joining several neighbours for the twice-weekly



MARIE BIRD, 91
Bilberry Place, Bromsgrove, Worcestershire

Pilates classes held at the development.

'I plan to stay fit and active long into the future,' she adds. 'But it's reassuring to know that if, eventually, I need more help I'll be able to get support and care in the home that I so love from people whom I already know.'

“
I only have to step outside my front door to find some company. I'm widowed, so having people around feels especially important to me

Location finder

Discover your perfect retirement property

Call **0800 201 4453** to visit a development or for a free brochure

ENGLAND

BEDFORDSHIRE

Ampthill RL^
Bedford RL*, RLP
Biggleswade RL

BERKSHIRE

Crowthorne RLP
Maidenhead RL, RLP
Reading RL^
Thatcham RL**, RLP**
Twyford LL*

BUCKINGHAMSHIRE

Amersham RLP*
Chalfont St Peter RLP
Farnham Common RL*
Hazlemere RL*
Stony Stratford RLP
Walnut Tree, Milton Keynes RL^
Wendover LL

CAMBRIDGESHIRE

Cambourne RL**
Ely RLP
Peterborough RL

CHESHIRE

Alsager RL
Audlem RL*
Knutsford RL^
Macclesfield RL, RP^
Middlewich RL^
Willaston RL^
Wilmslow RL

COUNTY DURHAM

Darlington LL, RL*

CORNWALL

Bude R
Carlyon Bay LL

CUMBRIA

Cockermouth RL*

DERBYSHIRE

Buxton RLP^
Chesterfield RLP*

DEVON

Exeter RL
Exmouth LL, RLP**
Ottery St Mary RL*

DORSET

Poole, Branksome RL*
Poole, Broadstone RL
Poole, Compton Acres LL
Poole, Poole RL**
Poundbury RLP

ESSEX

Billericay RL^, RLP^
Chelmsford RLP*
Colchester RLP*
Upminster RL*
Waltham Abbey RL^

GLOUCESTERSHIRE

Bourton-on-the-Water RL
Gloucester RL*, RLP*
Moreton-in-Marsh RL
Stow-on-the-Wold RLP
Stroud RL
Tetbury RL

GREATER MANCHESTER

Bamford RL*
Bramhall RL^
Hazel Grove, Stockport RL^
Prestwich RLP

HAMPSHIRE

Alton RLP
Basingstoke RL**
Bishop's Waltham LL
Hayling Island RL
New Alresford RLP*

HEREFORDSHIRE

Purbrook RL*
Southampton RL*
Southsea RL, RLP
Tadley RL**

HERTFORDSHIRE

Hereford RL*
Borehamwood RLP*
Bovingdon RL*
Buntingford LL*, RL*
Hatfield RL*
Hertford RL, RLP
Knebworth RL*
St Albans RLP

KENT

Beckenham LL
Bexleyheath RL
Biggin Hill RL
Dover RLP^
Royal Tunbridge Wells RLP
Sidcup RLP
Southborough RL*
Tenterden RL

LANCASHIRE

Carnforth RL
Chorley RL*
Lancaster RLP
Leyland RLP^
Longridge RL
Penwortham RLP*
Poulton-le-Fylde RLP
Thornton-Cleveleys RL

LEICESTERSHIRE

Glen Parva RLP
Hinckley RLP**
Market Harborough RLP*
Melton Mowbray RL**
Nuneaton RL*
Quorn RL*

LINCOLNSHIRE

Woodhall Spa RL**

LONDON

Chingford RL^
Chislehurst RLP
Isleworth RL*
Oakwood RL^
Upper Norwood RL*

MERSEYSIDE

Ainsdale RL
Crosby RL
Southport RLP

MIDDLESEX

Harrow RLP, RL*
Ickenham RL, RLP

NORFOLK

Hunstanton RLP
North Walsham RL*
Norwich RL, RLP
Sheringham RL
Wymondham LL



Lifestyle Living

For active over-55s



Retirement Living

Independence with some shared facilities



Retirement Living

PLUS for over-70s with care if needed

NORTHAMPTONSHIRE

Wellingborough RL

NORTHUMBERLAND

Morpeth RL

NORTH SOMERSET

Bradley Stoke RLP**
Cullompton RL**
Nailsea RL

NOTTINGHAMSHIRE

Burton Joyce RL**

OXFORDSHIRE

Chipping Norton RLP, LL
Didcot RLP
Henley-on-Thames RLP

RUTLAND

Oakham RL, RLP*

SHROPSHIRE

Shrewsbury RLP, RL

SOMERSET

Bath RLP
Taunton RL

SOUTH GLOUCESTERSHIRE

Charlton Hayes RL, RLP*
Hanham RLP*

STAFFORDSHIRE

Codsall RL
Leek RL*
Lichfield RL
Stafford RLP*

SUFFOLK

Hadleigh RL*
Ipswich RL*

SURREY

Chipstead RL^

Cobham RL*
Godalming RL
Guildford RLP
Purley RL^
Sanderstead RL
Virginia Water RLP
Walton-on-Thames RLP*
Warlingham RL
Weybridge RLP*

TYNE AND WEAR

South Shields RL*
Sunderland RLP**

WARWICKSHIRE

Redditch RL*
Rugby RLP**
Stratford-upon-Avon LL, RLP

WEST MIDLANDS

Aldridge RL
Bournville RL
Edgbaston RLP
Solihull RL, RL*, RLP*
Tettenhall RLP, LL

WEST SUSSEX

Worthing RL*, RLP*
Devizes RLP
Marlborough RL
Melksham RL
Salisbury RL*, RLP*
Swindon RLP**

WILTSHIRE

Marlborough RL

WORCESTERSHIRE

Bromsgrove RLP
Redditch RL*

YORKSHIRE

Barnsley RL**
Bawtry RL
Beverley LL*
Bingley RL**
Bridlington RL
Brighouse RL
Brough RL*
Cleckheaton RL*
Filey RL**, LL**
Guisborough RL
Ilkley RL, RLP
Leeds RL
Pocklington RL
Ripon RL*
Scarborough RLP*
Settle RL
Sheffield RL**

Stamford Bridge LL
Swanland LL*
York RL

SCOTLAND

AYRSHIRE

Prestwick RLP*

EAST DUNBARTONSHIRE

Bearsden LL
Milngavie RL

EAST LoTHIAN

North Berwick RL

EAST RENFREWSHIRE

Newton Mearns RL, LL*

EDINBURGH

Barnton RL**

FIFE

Anstruther RL

GLASGOW

Pollokshields RL*

HIGHLANDS

Inverness RL

PERTH & KINROSS

Blairgowrie RL
Kinross LL**

PERTH

Perth RL

RENFREWSHIRE

Bishopton RL*

STIRLINGSHIRE

Stirling RL**

WALES

CARDIFF

Llanishen RL, RLP

DENBIGHSHIRE

Prestatyn RL

ISLE OF ANGLESEY

Benllech RL

MID GLAMORGAN

Caerphilly RL**

MONMOUTHSHIRE

Abergavenny RL**

SWANSEA

Sketty RL

Key

LL Lifestyle Living

RL Retirement Living

RLP Retirement Living Plus

*Coming soon

^Subject to planning

Need to know

Some facts about retirement living with McCarthy & Stone

1 Think of your next move as 'rightsizing'. These properties are designed to increase space and comfort. If you need more room for entertaining, there's the homeowners' lounge. Hotel-style guest suites for overnight visitors (for a small fee) are available at most developments.

2 McCarthy & Stone is expert at removing the hassle and reducing the expense associated with moving house. Specialist removal teams can help you declutter, pack up and unpack.

3 Along with landscaped gardens, most properties have patios outside ground-floor apartments and often balconies on higher floors. At many developments, homeowners can look after a bit of the garden or grow fruit and veg.

Live your retirement to the full

We believe your retirement should be everything you hoped it would be. With all the freedom you want and help there when you need it.

That's why we offer the things we do. Beautiful privately-owned apartments in prime locations, with spacious social lounges, built-in security and gorgeous landscaped gardens. Not to mention a team of friendly and enthusiastic staff, there for you whenever you need them.

And we take care of things you don't want to do, from mowing the lawn to cleaning windows, so you can spend your time living your retirement to the full.

"The best thing about living here is that it's so lovely and peaceful, the beautiful gardens and the people are very nice as well."

Sylvia Fearn, Homeowner



"Now that I've moved here, I'm gonna say this, I feel younger."

Stella Green, Homeowner



"My one and only regret about moving was leaving my little garden. But it was becoming too difficult for us to manage. Now I'm looking forward to watching the gardens that surround the development mature, and I really can't wait to see how everything blossoms."

Mary Kerr, Homeowner



Come & See

Beautiful new retirement apartments for sale at over 100 locations nationwide.

Call **0800 201 4453** to visit one of our developments or for a free brochure.

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McCarthy & Stone

— Retirement living to the full —